



Bainbridge Aquatic Center Social Narrative for Swimmers



SENSORY ACCESS
ACCESS FOR ALL

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INTRODUCTION

The Bainbridge Aquatic Center is a great place to swim and relax. There are a few important things to know before you go!

This social narrative will guide you through the process of visiting the pools and provide helpful information to make your experience fun and safe.

Sensory Key



Proprioception (it might be slippery)



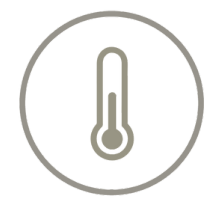
Sound



Brightness of Light



Scent/Smell



Temperature (how warm or cold is it)



Wetness (you might get wet)

GENERAL SENSORY INFORMATION

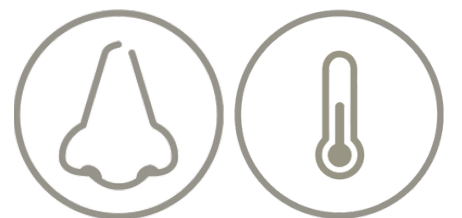
The pool can have a lot of sensory impact! The pool is often loud because lots of people are having fun. The lighting is bright for safety. The temperature is warm and the air can feel wet. The pool area smells like chlorine. The concrete floor is wet and can be slippery. You will see the icons below on the following pages, to let you know what to expect in certain areas:



ENTRANCE

When you arrive at the pool, you will enter through these double doors.

You may notice that it feels humid (warm and moist) as soon as you enter these doors.





FRONT DESK

When you come to the pool to swim, you go to the front desk. If you have a multi-pass card, it will be scanned. If you don't have one, you will need to pay to enter. During busy times, you may need to wait in line.

The floor may be slippery, so walk carefully. Never run at a pool.

If you need to change into your bathing suit, you can use the locker room.



LOCKER ROOMS

There are two gendered and accessible locker rooms available. They have restrooms, showers, and changing areas.

Most people use the lower lockers, which are left unlocked. If you want a key for an upper locker you have to pay a rental fee at the front desk.

You can keep your clothes and other items in a locker. If you are using a lower locker, place your belongings inside. If you rented a key for an upper locker, find the locker that goes with the key, place your belongings inside, close the door and lock it. Keep the key with you.



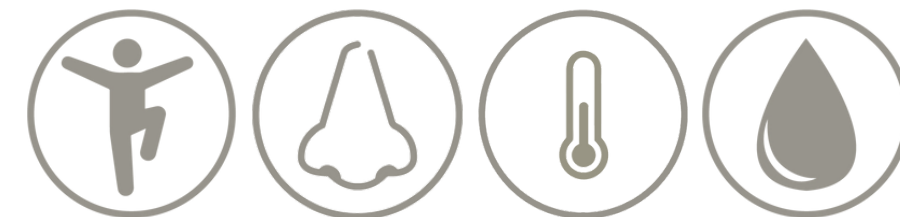


SHOWERING BEFORE YOU ENTER THE POOL

Before entering the pool, take a quick shower to help keep the pool clean. Rinse off with water, and then you'll be ready to swim.



The top photo is the shower in the men's locker room. The bottom photo is the women's.





ENTERING THE POOL AREA

Carefully walk to the pool area and find a spot to place your towel. Be sure to remember where you put it for easy retrieval later.

The pool is housed in a large, open building, so sound echoes and it can get quite loud. The space is brightly lit with fluorescent lights and is warm and humid.

Bainbridge Aquatics offers two pools, a lazy river, a rope swing, a large slide, and a hot tub. There's also a sauna, a small frog slide, diving boards, and a steam room. Each area has its own rules, which you can check at the front desk or posted in each section.





IN THE POOL

While in the pool, follow the rules and listen to the lifeguards.

Be respectful to others, avoid running or pushing, and stay in areas where you can swim safely.

The main pool is for everyone. The pool with the wooden ceiling (photo on the left) is for doing laps and swim meets.





THE HOT TUB

The hot tub is reserved for certain ages, at certain times. You can ask for the schedule at the front desk.



TAKING BREAKS AND LEAVING THE POOL

If you feel tired, take a break. Get out of the pool, sit on your towel, and have a drink of water. Rest for a while before getting back in the water.

When it's time to leave, gather your belongings. Return to the locker room, dry off with your towel, and change into your clothes. Ensure you have everything with you before leaving.

This Social Narrative was created by:



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