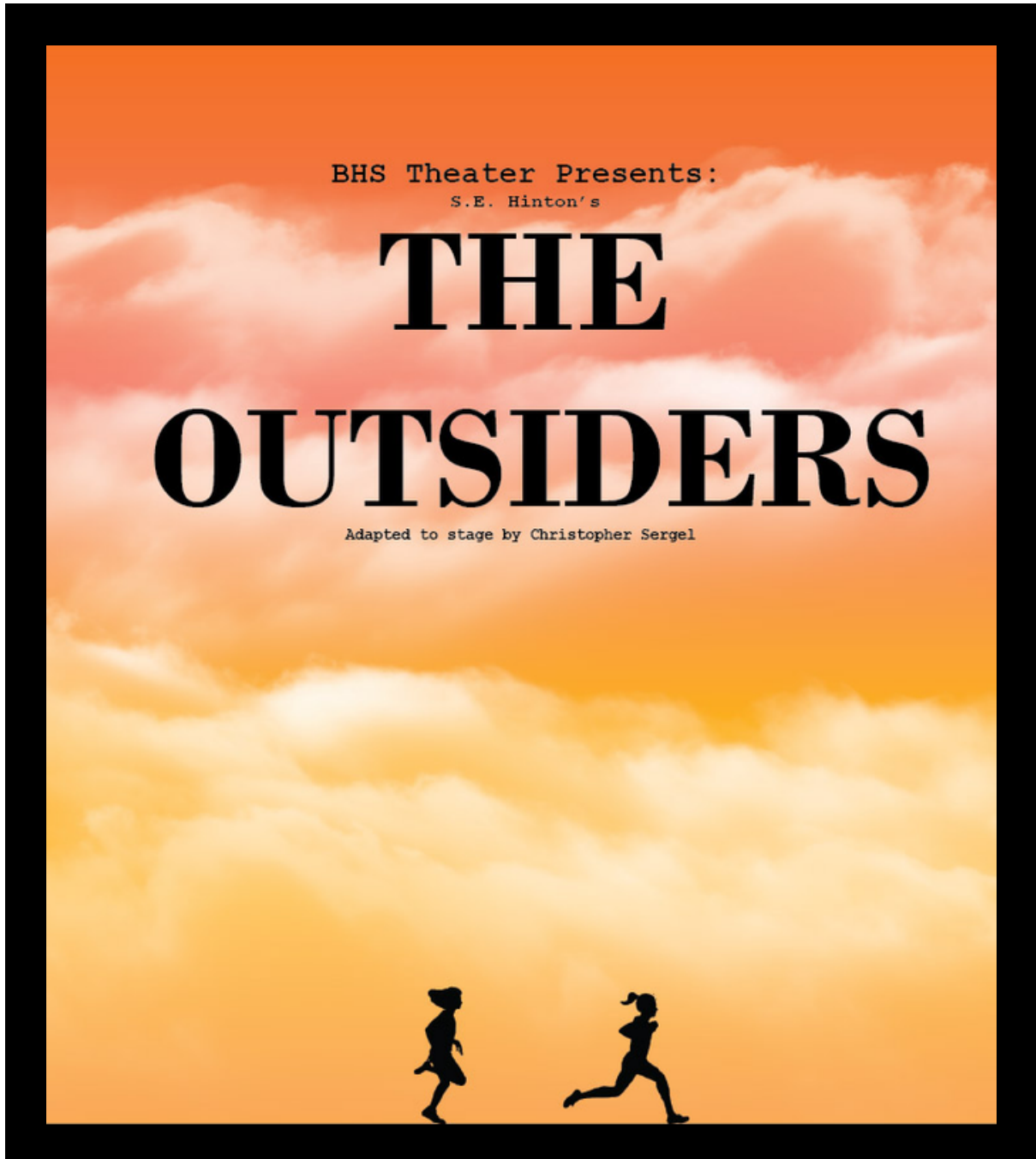


SENSORY GUIDE



Neurodiversity Allies
ndallies.org



BAINBRIDGE HIGH
SCHOOL

GENERAL CONSIDERATIONS

- Duration: Approximately 1 hour 45 minutes including one intermission.
- The decibel levels recorded in this guide account for moments of applause; sound levels may vary depending on the specific audience.
- This Sensory Guide was developed following an audit on 11/07/2024 at Bainbridge High School. The audit was conducted by a member of the Sensory Access team who is neurodivergent and hyperacoustic.

SENSORY IMPACT KEY



Auditory Impact



Visual Impact



Emotional Impact



Strobing Effects

COMMON DECIBEL (DB) LEVELS

70	Office/classroom chatter
80	Busy traffic, dog barking
90	Hairdryer
100	Lawnmower, construction site
110	Concert, night club
120	Police siren, airplane taking off

ACT ONE

INTERVAL

DESCRIPTION

SENSORY

0-10 minutes

- Loud yelling
- Depictions of violent threats
- Up to 91.3 dB



10-20 minutes

- Complex noise
- Loud set pieces moved
- Description of violence
- Up to 88.9 dB



20-30 minutes

- Loud shouting/yelling
- Discussion of suicide and abuse
- Depictions of violence and death
- Up to 95.2 dB



ACT TWO

INTERVAL

DESCRIPTION

SENSORY

0-10 minutes

- Glowing stage lights
- Loud set pieces moved
- Up to 93.6 dB



10-20 minutes

- Glowing stage lights
- Loud yelling
- Up to 100.5 dB



20-30 minutes

- Loud set pieces moved
- Yelling/shouting
- Emotional intensity
- Up to 96.7 dB



30-40 minutes

- High emotional impact
- Loud set pieces moved
- Complex noise
- Depiction of fighting
- Glowing stage lights
- Up to 98.5 dB



40-50 minutes

- Depiction of death
- Loud yelling
- Lights flash
- Loud set pieces moved
- Complex noise
- Up to 93.5 dB



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